Useful language

Starting the discussion
Would you like to start? / Yeah, sure.
Shall I go first? / Yeah, I don't mind.
Is it OK if I start? / Of course, go for it.

Expressing your opinion
I think that...
In my opinion..
I would say that..
In my view..
As far as I'm concerned
Well, from my experience..
The way I see it is that..

Agreeing
Absolutely.
Good point.
I see it that way too.
I totally agree.
I completely agree.
I was just going to say that!
I couldn't agree more.
Right.
Yeah, I see what you mean.
I was just thinking that!

Disagreeing
Well, in my opinion..
Hm, well the way I see it is that..
I disagree because..
Yeah, but, the thing is..
Well, I'm not quite sure about that because..
Well, I don't agree, because..
I don't think that's quite right because..
Well, I think you're right there but..

Asking for your partner's opinion
What do you think about this?
What do you think
Do you agree?
Don't you agree?
What would you say about this?

Moving to the next option
OK, let's move onto this one (while pointing at another option)
What about this one?
As for + option
What do you think about this idea?
We're running out of time so let's move on.
This topic is quite closely related to this one.

Interrupting your partner
Sorry to interrupt but I'd just like to say..
Yes and I think as well that.. / but I also think..
I'd just like to say what I think.

Phrases for reaching a decision
Okay, I think we both agree that we can eliminate [option] because...
Shall we go with..[option]?
Are we both in favour of [option]?
I don't think it's this one (pointing with your finger) because..
Let's agree to disagree!
I don't think we're going to be able to agree here!